DOCTORS TAMIMI, COLLIER, BIGORNIA, GLAZIER, MIRCHANDANI, MENADIER
The Endoscopy Center of Ocean County **The Endoscopy Center of Toms River**
477 Lakehurst Road **473 Lakehurst Road**
Toms River, New Jersey 08755
Phone 732-349-4422 Fax 732-349-8126

INSTRUCTIONS FOR EGD

Test Date:_____ **Arrival Time:_____**

Absolutely NO SOLID FOOD after midnight on the day of your procedure.

- Limited quantities of water or clear juice allowed up to 4 hours prior to your procedure

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- If you take medication for your heart, blood pressure, lungs or seizures you **MUST** take them with a sip of water in the morning. Please bring any rescue inhalers to your procedure.

- If you take blood thinners (Coumadin, Xarelto Plavix, Eliquis etc.) make sure you have advised the physician. You will be given specific individual instructions regarding these medications. If you are not sure what to do, please call the office.

- If you take GLP-1 medications hold for 1 week for weekly doses and 1 day for daily doses

- Please fill out and bring the Patient Medication List form, even if you don't take any medication regularly.

- If you have dentures, you may need to remove them at the time of your procedure

- Contact Lenses may need to be removed prior to your procedure

- Face and/or Body piercings may need to be removed prior to your procedure

- If you are of child bearing age you will be asked to take a urine pregnancy test when you arrive for your procedure